

# Queen Camel Medical Centre Newsletter

February 2025



Queen Camel Medical Centre  
West Camel Road  
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Welcome to the February edition of our newsletter.

### Staff Update:

Please see message below from both Dr Helen Huins and Dr Simon Huins who will be retiring at the end of March 2025.

### *“Dear Patients*

*After 40 years between us of being GPs at Queen Camel Medical Centre, we have decided to retire from 31<sup>st</sup> March 2025.*

*It has been a pleasure being part of such a great community and working at QCMC.*

*Over these years, we have moved to the current purpose built medical centre, become a training practice for the future generation of GPs and got to know many of you in the consulting room. The list size has grown from 4500 ish in 1994 to 6500 now.*

*We leave the practice in excellent hands with amazing staff and want to wish you all well for the future*

*Best wishes*

*Dr Simon and Dr Helen Huins”*

If you would like to write a message for Simon or Helen to go in their retirement book please ask for a card at reception.

We will also be saying goodbye and good luck to our Practice Nurse Karen who is moving to a job closer to home. We wish her all the very best in her new role.

## QUEEN CAMEL MEDICAL CENTRE

Main Telephone Number  
**01935 850225**

Dispensary Telephone Number  
**01935 850225—Option 2**  
Between 09:30—11:00

### Vaccinations:

- ◆ **COVID Spring boosters** will be for patients 75 and over will be starting in April.
- ◆ **RSV** (Respiratory syncytial virus) vaccinations are being offered to patients between 75—79 you will be invited shortly.

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## How do I order my medication?

There are 3 main ways you can order your medication.

1. Online via NHS App / Patient Access
2. Over the dispensary telephone line 01935 850225 option 2 between the hours of 09:30—11:00
3. Order via printed prescription list (written).



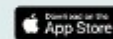
**Have you signed up to our collection machine?**

**For more information please ask at reception**

## Order repeat prescriptions on the NHS App



-  easily choose where your prescriptions are sent
-  order at a time that suits you
-  need help? Access support in the app or visit [nhs.uk/helpmeapp](https://nhs.uk/helpmeapp)



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## TRAVEL VACCINATIONS

If you are going on holiday and think you may need travel vaccinations, please contact the surgery as early as possible, and definitely a minimum of 6 weeks before you travel. Please complete the travel questionnaire online and we will be in touch.

## Health Coach Update:

The Live Well with Pain Ten Footsteps group continues to support patients with chronic pain. We meet at the Abri Lounge, Cleaveside Close on the second Wednesday of the month at 10.30am.

## Liz recently completed some new training courses:

Supporting New Fathers is a project aimed at identifying unmet health and social needs, offering fathers support and advice regarding the care of new babies.

Menopause - Women's Health Project, addresses how lifestyle changes and diet can make a huge impact on the symptoms of the menopause as well as improving women's health generally.

If you would like more information on either of these or wish to speak to the Health Coach, please phone main reception alternatively if you are seeing a Dr or clinician they can refer you.